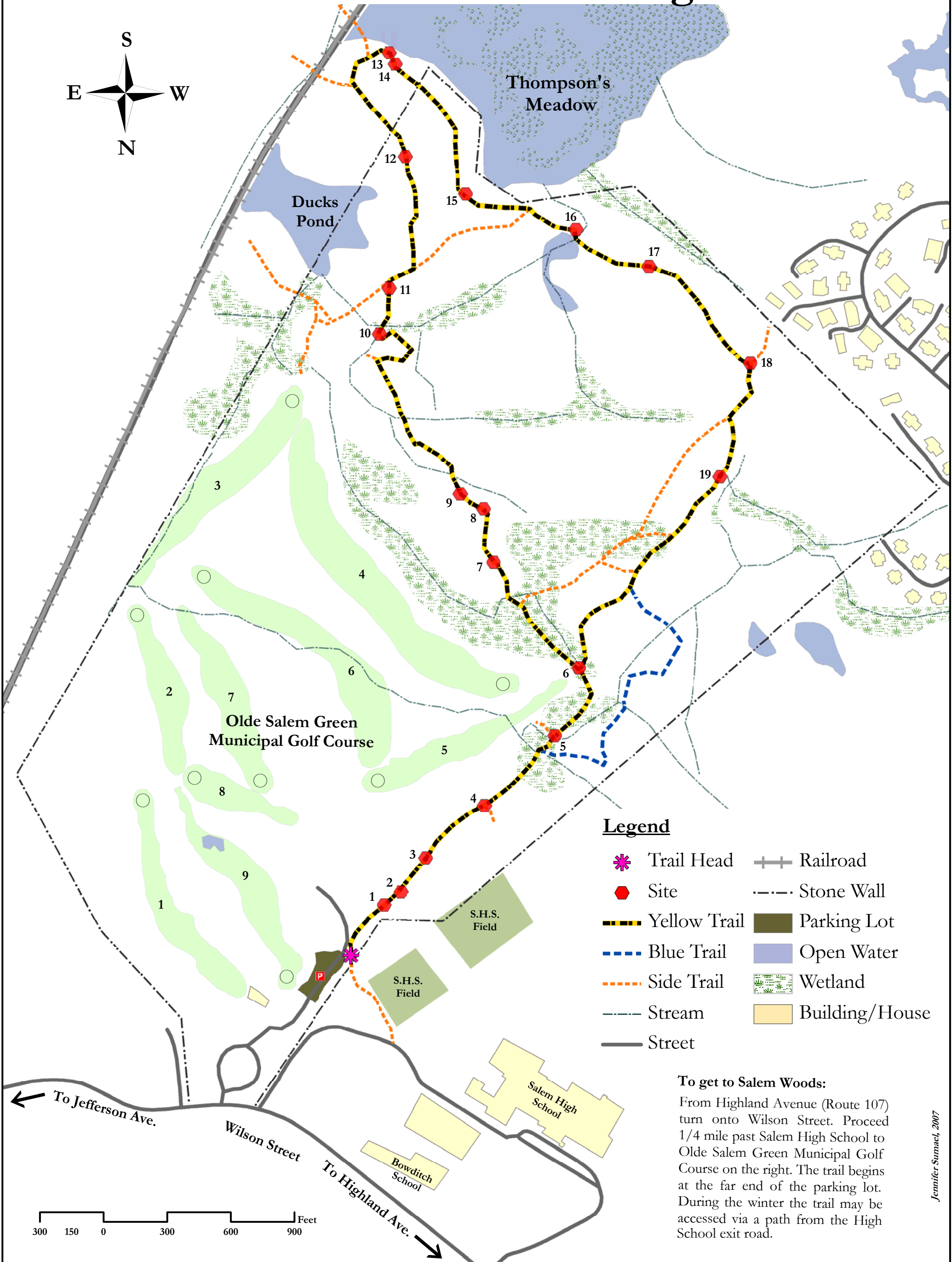
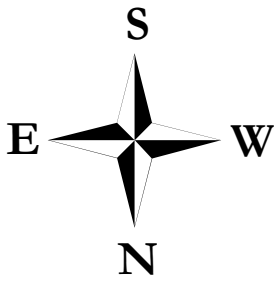


Salem Woods Nature Trail in Highland Park



Legend

- Trail Head
- Site
- Yellow Trail
- Blue Trail
- Side Trail
- Stream
- Street
- Railroad
- Stone Wall
- Parking Lot
- Open Water
- Wetland
- Building/House

To get to Salem Woods:

From Highland Avenue (Route 107) turn onto Wilson Street. Proceed 1/4 mile past Salem High School to Olde Salem Green Municipal Golf Course on the right. The trail begins at the far end of the parking lot. During the winter the trail may be accessed via a path from the High School exit road.

Jennifer Summael, 2007

Highland Park was established in 1906 by the city of Salem with the purchase of 248 acres from the Great Pasture Company. Salem Woods comprises 160 acres of diverse uplands, freshwater marshes, open fields, and running water. In combination with the Forest River Conservation Area and the 70-acre Thompson's Meadow marsh, this complex ecosystem is host and home to more than 150 species of birds, dozens of mammals, reptiles, and amphibians, as well as countless varieties of plants, flowers, trees and shrubs. The Forest and South rivers flow out of this woods and wetlands into Salem Sound.

During your visit to this urban greenspace we ask that you respect its fragility by staying on the established trails, treating all of its inhabitants with kindness and leaving its beauty intact and unmarred.

The Friends of Salem Woods in cooperation with the City of Salem Department of Parks and Recreation.